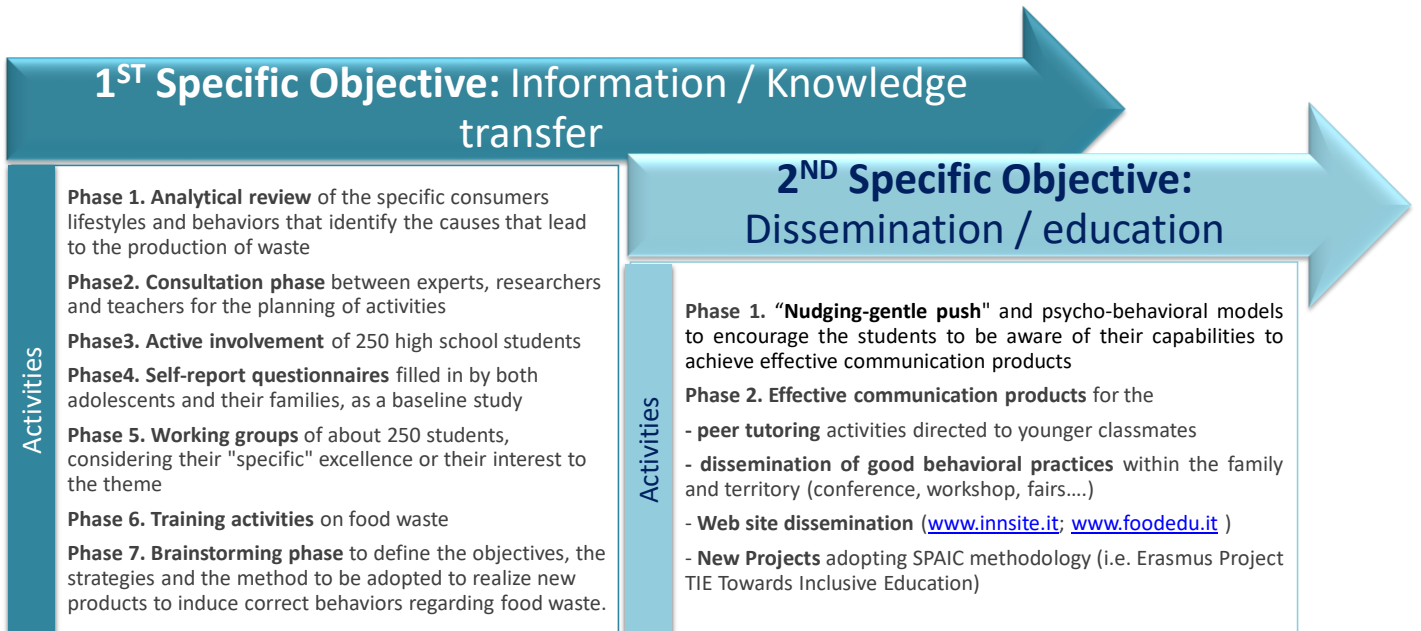


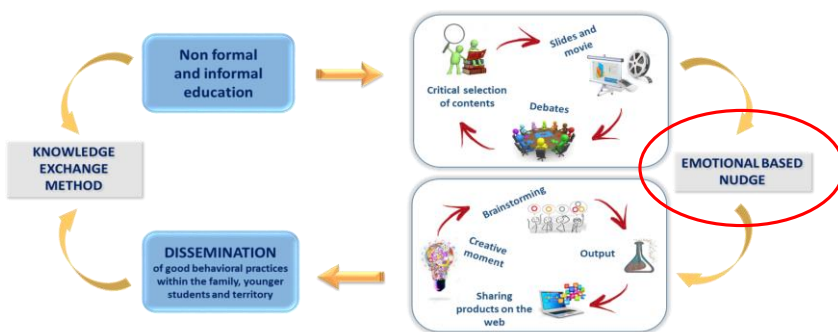
HOW YOUR EXAMPLE ADDRESSES FOOD SECURITY AND NUTRITION CHALLENGES? DESCRIBE LINKAGES TO SCHOOL FOOD PROGRAMS AND SUSTAINABLE FOOD SYSTEM.

A schematic representation of overall and specific objectives of the SPAIC Project

The overall Project aim is to focus on food waste at the consumption stage, to explore the reasons of food waste at the household consumption level in order to overcome food wasting behavior and to indicate option for designing prevention measures and at the same time to focus on the need to comply with nutritional rules so as not to “waste their health”.



HOW DO YOU PURSUE THE PERSUASION FOR THE CORRECT BEHAVIORAL CHANGES?



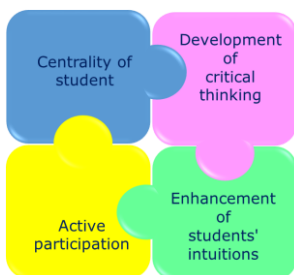
The “Nudging-gentle push”

Elaborated by Susteian and Thaler (2008) this theory has received the Nobel Prize for Economy in 2017 and got great resonance from Government of different Nations.

Nudging involves the use of small and simple adjustments, which however can produce enormous impacts and influence people's choices. It is intended to help people make the best choice in their own declared self interest (individual or community).

It is therefore based on **techniques of persuasion for behavioral changes**.

A lifelong learning methodology



Students, teachers and experts, defined the strategies and the method to be adopted to realize new products to induce correct behaviors regarding food waste. The knowledge is shared in a "horizontal" and "multidirectional" relationship among teachers, educators, experts and firstly students, that develops critical attitude of thought and an active participation.

WHAT IS THE INNOVATION THAT YOU EXPERIENCED ?

Different type of Nudging for different necessities

SHOW COACHING



Stimulates the **emotional involvement**.

Allows students to experience a space and a time of suspension from the myriad of informations and stimuli to which they are usually subjected, in which give space and importance to their own emotional dimension.

Used in a project facing food waste (SPAIC).



DIGITAL STORYTELLING



Stimulates the **cooperation**.

Teaching based on the use of narrative techniques, multimedia and digital technologies is a participatory teaching that aims at active learning and puts skills at the center of the school experience, improving manual skills, operations and combining knowledge, knowing "how to be and how to do".

Used in inclusive education projects (TIE).



ARCHERY



It is a **coaching tool**.

Stimulates self centering, awareness, concentration and motivation, self-control, personal growth and emotions to help understand one's nature and orientation.

Used in inclusive education projects and school-work and experience models.



WHICH ARE THE INDICATORS OF SUCCESS OF YOUR EXPERIENCE?

Creative products realized by motivated students



SPAIC Project

"Food waste, consumer attitudes and behavior"
by INAIL/DIT, Ministry of Health/DGSAN and Research Organization (CRF).

Aim

The students had to assimilate the informations learned during the training on different aspects related to food waste and create communication products to increase awareness of the problem among their peers, in their families and on their territory.

"Neither waste food nor waste your health"

- ✓ Street interviews
- ✓ Rap song "Hollyfood"
- ✓ Videos
- ✓ Table game
- ✓ Photo exhibition "Still Alive"
- ✓ Recipe book with leftovers



Video «Fats in healthy diet»



Video «Safety in pruning»



Erasmus plus: TIE Project

Call 2018- KA Cooperation for innovation and exchange of good practices
KA201: Exchange of good practices "Teaching basic sciences to young people with fewer opportunities: Towards Inclusive Education"

Aim:

To promote inclusive education through the development of social, civic and intercultural competences and improve access, participation and learning capacity of disadvantaged students, young learners with special needs; in particular to promote the acquisition of basic scientific skills and competences, encouraging critical thinking through the teaching of science in the environmental and/or cultural context.



"We don't have two kind of students, we only have students"

<https://youtu.be/ul6pls6jUDg>